

Parenting Course Providers

-Melbourne-

Below you will find a selection of low, and no cost parenting courses on offer in Melbourne. Please note that organisations may not be offering all courses at this time and may also have other courses not listed here.

You may also like to check with your local city council for parenting courses on offer.

| 0-5 years | |
|------------------------------------|--|
| Circle of Security | Relationships Australia , Parent Zone , Drummond Street Services |
| Early Learning is Fun | Berry Street |
| Popcorn Musical-Circle of Security | Drummond Street Services |
| Triple P Parenting for Baby | Available free online here |

| 3-12 Years | |
|------------------------------|--|
| Tuning Into Kids | Relationships Australia , Relationship Matters , Kids First , ParentZone |
| Bringing up Great Kids | Parent Zone , Berry Street , Kids First , Tweddle , Melbourne City Council |
| Parenting Children Who Worry | Drummond Street Services |
| Triple P Parenting | Available free online here |
| Fear-less Triple P Parenting | Available free online here |

| 10-18 years | |
|-------------------------|--|
| Tuning into Teens | Relationships Australia , Drummond Street Services |
| Free family 1:1 support | Headspace |

| Family | |
|--|--|
| Family Therapy (matters) | Berry Street |
| Family Transitions, Triple P Parenting (divorce or separation) | Available free online here |

| | |
|-------------------------------------|--|
| Parenting After Separation (PASS) | Relationships Australia |
| Supporting Parents After Separation | Berry Street |
| Single Mothers Club | Drummond Street Services |
| Stepfamilies Support Couch Chat | Drummond Street Services |
| Emotion Focused Parenting | Parent Zone |
| Beyond the Violence | Parent Zone |

| Fathers | |
|-----------------|---|
| DadStuff | Relationship Australia |
| Dads Tuning In | Relationship Australia , Family Care , Berry St |
| Repair-entering | Relationship Australia |
| Dads Group | Drummond Street Services |

| Families with Funding |
|--|
| <p>Early Links Brimbank services the following suburbs with CfC funding through the Smith Family: Albanvale, Albion, Ardeer, Cairnlea, Deer Park, Delahey, Derrimut, Kings Park, St. Albans, Sunshine, Sunshine North, Sunshine West and Sydenham</p> <p>We work with families who have children aged 0-12 years, and deliver:</p> <ul style="list-style-type: none"> • Parent-Child Mother Goose twice a week • A parenting program once a term – Circle of Security, Tuning in to Kids and Tuning in to Teens. • Regular info sessions for families <p>Early Links Merri-Bek services Fawkner/Glenroy and surrounding suburbs with CaPS funding. We work with families who have children aged 0-12 years, and deliver:</p> <ul style="list-style-type: none"> • Parent-Child Mother Goose once a week • A parenting program once a term – Circle of Security, Tuning in to Kids and Tuning in to Teens. • DRUMBEAT delivered to families or to students within a school. <p>Contact Enquiries: bit.ly/mcm-early-links Email: earlylinksbrimbank@mcm.org.au Website: mcm.org.au</p> |

| Families Living Regionally |
|---|
| Regional Parenting Services |

Please contact parenting@mackillop.org.au if you have would like this list to be amended to include or remove organisations.